

# ANGER MANAGEMENT FOR KIDS



What's the buzz about anger management? Well if you are getting in trouble for getting angry, or do not know what to do when you feel mad, this group may be for you! Learning to deal with anger in a healthy way increases self control, self esteem, and promotes a positive attitude! In this group kids will learn ways to problem solve, reduce impulses all while building trust and social skills in a small group setting. Anger management helps us be successful in school, at home and with our friends! If you are interested or for more information give us a *buzz* at 989-667-9661 EXT. 217 OR 245.

**When:** Thursdays

June 13 – July 18, 2013...We will not have group on July 4<sup>th</sup> due to holiday

**Time:** 2:00- 3:30PM

**Where:** MPA Group Ltd.

1217 S. Euclid Ave. Bay City, MI 4876

**Age:** 8 to 11 year olds

**Facilitated by:** Dana Carley, MSW, LMSW and Lloyisa Colon MA, LLP